



MARCH 2025

North & South Middle Schools

Available Daily:
Assorted Fresh Fruits and Veggies
Assorted Canned Fruits
Milk Choice May Include:
FF Flavored Milk, 1% Milk, and FF Milk

Monday

JTM Mac & Cheese **3**
Turkey & Cheese on Pretzel Bun
Fresh Baby Carrots
Ever Crisp Thin Fries
Apple Slices, Diced Peaches
Milk Choice

Meatball & Cheese Hoagie **10**
Chicken Patty on w/g Bun
Fresh Broccoli
Potato Smiles
Fresh Banana, Diced Peaches
Milk Choice

Tangerine Chicken over Brown Rice **17**
Chicken Nuggets w/ Roll
Stir Fry Veggies
Fresh Cucumber Slices
Orange, Diced Peaches
Milk Choice

Popcorn Chicken w/ Roll **24**
Cheeseburger on w/g Bun
Fresh Broccoli
Steamed Corn
Apple Slices, Banana
Milk Choice

Ravioli w/ Marinara Sauce **31**
Chicken Patty on w/g Bun
Steamed Broccoli
Side Salad
Fresh Banana, Diced Peaches
Milk Choice

Tuesday

Walking Taco **4**
Turkey & Cheese on Pretzel Bun
Excel Refried Beans
Fresh Cucumber Slices
Fresh Banana, Pear Cup
Milk Choice

Mini Corn Dogs **11**
Chicken Patty on w/g Bun
Steamed Peas
Sweet Potato Wedges
Apple Slices, Diced Pears
Milk Choice

Turkey & Cheese Hoagie **18**
Chicken Nuggets w/ Roll
Fresh Cauliflower
Steamed Corn
Apple Slices, Banana
Milk Choice

BBQ Rib Sandwich **25**
Cheeseburger on w/g Bun
Fresh Baby Carrots
Bush's Baked Beans
Diced Peaches, Fresh Strawberry
Milk Choice

Other Daily Choices May Include: Smucker's
Uncrustable and Fresh Made Salads

Wednesday

Pierogies w/ Breadstick **5**
Turkey & Cheese on Pretzel Bun
Fresh Broccoli
Steamed Carrots
Diced Peaches, Mandarin Oranges
Milk Choice

Creamed Chicken over Biscuit **12**
Chicken Patty on w/g Bun
Garbanzo Beans
Whipped Potatoes
Fresh Orange, Diced Peaches
Milk Choice

Beef & Cheese Nachos **19**
Chicken Nuggets w/ Roll
Baked Beans & Corn
Baby Carrots
Diced Strawberries, Banana
Milk Choice

Ham & Cheese on Pretzel Bun **26**
Cheeseburger on w/g Bun
Steamed Green Beans
Celery Sticks
Fresh Oranges, Strawberry Craisins
Milk Choice

Thursday

Pasta w/ Meat Sauce **6**
Turkey & Cheese on Pretzel Bun
Mixed Steamed Veggies
Side Salad
Blue Raspberry Applesauce, Orange
Milk Choice

Grilled Chicken Salad w/ Breadstick **13**
Chicken Patty on w/g Bun
Fresh Baby Carrots
Bush's Baked Beans
Apple Slices, Cherry/ Berry Sorbet
Milk Choice

Ravioli w/ Marinara Sauce **20**
Chicken Nugget w/ Roll
Side Salad
Streamed Green Beans
Oranges, Diced Pears
Milk Choice

Chicken Fajita Salad **27**
Cheeseburger on w/g Bun
Cucumber Wheels
Steamed Broccoli
Blue Raspberry Applesauce Cup
Fresh Banana
Milk Choice

Friday

Grilled Cheese on Texas Toast **7**
Turkey & Cheese on Pretzel Bun
Tomato Soup
Steamed Corn
Apple Slices, Pineapple Chunks
Milk Choice

Bosco Cheesy Bread w/ Sauce **14**
Chicken Patty on w/g Bun
Steamed Broccoli
Side Salad
Fresh Banana, Diced Pears
Milk Choice

Big Daddy's Pizza **21**
Chicken Nuggets w/ Roll
Steamed Peas & Carrots
Side Salad
Apple Slices, Orange Juice
Milk Choice

Fish Sandwich **28**
Cheeseburger on w/g Bun
Baked Spiral Fries
Side Salad
Apple Slices, Diced Pears
Milk Choice

All students receive a complimentary lunch daily. Choices include: **MILK:** FF Flavored Milk or 1% White. **ASSORTED FRUIT & FRESH VEGGIE:** (Take up to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. **Grains/ Breads:** 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (**Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk**) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect

